



Fox Valley Family YMCA Gym Schedule Winter 2012



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30am	Opens at 5am	Opens at 5am	Opens at 5am	Opens at 5am	Opens at 5am	YMCA Opens at 7am	YMCA Opens at 9am
5:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am		
6:00am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
7:00am							
8:00am							
9:00am	Boot Camp 9:15 - 10:15am	Boot Camp 9:15 - 10:15am	Boot Camp 9:15 - 10:15am	Boot Camp 9:15 - 10:15am	Boot Camp 9:15 - 10:15am	Youth Basketball 9:00-12:00pm	Open Gym
10:00am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
11:00am							
12 Noon						Noon Basketball*** Noon-1:30pm ***MEMBERS ONLY	
1:00pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
2:00pm							
3:00pm							
4:00pm	Youth Basketball 4:45 - 6:15pm	Youth Basketball 4:30 - 6:15pm	Youth Basketball 4:15 - 6:15pm	Youth Basketball 5:00 - 6:00pm	Open Gym		
5:00pm							
6:00pm	Over 30 Mens Basketball League 6:30-9:30pm		Over 30 Mens Basketball League 6:30-9:30pm	Adult Volleyball League 6:30-10:30pm	Open Gym	YMCA Closed at 6pm	
7:00pm							
8:00pm							YMCA Closed at 8pm
9:00pm	Closed at 9pm	Closed at 9pm	Closed at 9pm	Closed at 9pm			

Circumstances may require that adjustment be made to programs, fee, schedules, etc. The YMCA reserves the right to make any such adjustment.

Please allow time for programs to set up and take down equipment.

Reminder: Youth Dances, beginning at 5:45pm, are schedule the first Friday of the month throughout the school year.