



# Fox Valley Family YMCA Pool Schedule Winter 2012



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday							
5:00am	Pool Opens 5:30am	Pool Opens 5:30am	Pool Opens 5:30am	Pool Opens 5:30am	Pool Opens 5:30am	Pool Opens 7:30am	Pool Opens 12:30pm							
5:15	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			Lap Swim	Lap Swim					
5:30														
5:45														
6:00am										Aqua Fitness	Aqua Fitness	Aqua Fitness	Aqua Fitness	Aqua Fitness
6:15														
6:30	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim									
6:45														
7:00am														
7:15	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim			Lap Swim						
7:30														
7:45														
8:00am														
8:15														
8:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim								
8:45														
9:00am														
9:15							Aqua Fitness	Aqua Fitness	Aqua Fitness	Aqua Fitness	Aqua Fitness			
9:30														
9:45	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons								
10:00am														
10:15														
10:30														
10:45														
11:00am	Lessons	Lessons	Lessons	Lessons	Lessons	Lessons								
11:15														
11:30														
11:45														
12 Noon														
12:15	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim								
12:30														
12:45														
1:00pm														
1:15														
1:30	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim								
1:45														
2:00pm														
2:15														
2:30														
2:45	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim								
3:00pm														
3:15														
3:30														
3:45														
4:00pm	Swim Lessons	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim							
4:15														
4:30														
4:45														
5:00pm														
5:15	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons							
5:30														
5:45														
6:00pm								Aqua Force Swim Team	Aqua Force Swim Team	Aqua Force Swim Team	Aqua Force Swim Team	Aqua Force Swim Team	Aqua Force Swim Team	
6:15														
6:30	Lap	Lap	Lap	Lap	Lap	Lap								
6:45														
7:00pm														
7:15	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim							
7:30														
7:45														
8:00pm														
8:15														
8:30	Pool Closed 8:30pm	Pool Closed 8:30pm	Pool Closed 8:30pm	Pool Closed 8:30pm	Pool Closed 7:30pm	Pool Closed 5:30pm	<p style="text-align: center;"><b>Special Events</b></p> <p>Birthday parties are scheduled for Saturday and Sunday afternoons</p> <p>Lanes may also be closed for facility rentals</p> <p>See brochure for specific pool rules</p>							
8:45														
9:00pm														

**Lap Swim** - Single person or shared by 2 or more swimmers in one lane

**Open Swim** - Recreational use of the pool for families and youth members